

The 6th Baltic School of Neuro-Myology
PRELIMINARY MAIN SPEAKERS PROGRAM
 (will be supplemented with free communications after March 15, 2026)

SEPTEMBER 11		
Time	Speakers	Topics
09:00-09:10 <i>Opening of the Conference</i>	Hosts	Welcome
09:10-09:40 <i>Keynote lecture</i>	Edoardo Malfatti <i>France</i>	The Importance of Precise Diagnostic Workup in Myopathies: Implications for Management Strategies and Clinical Outcomes
09:40-11:30 <i>Paradigm shift in neuromuscular diseases</i>	Malaspina Andrea <i>UK</i>	How Has the Understanding of Multidisciplinary Care Changed Outcomes for Patients with Motor Neuron Diseases?
	Ros Quinlivan <i>UK</i>	Transition: Patient Empowerment and Multidisciplinary Care
	<i>Free communications</i>	
11:30-12:00 COFFEE BREAK		
12:00-14:00 <i>Respiratory and cardiac care</i>	Eglė Ereminienė	Cardiac Involvement and Surveillance Strategies Across Various Neuromuscular Diseases
	Valdonė Misevičienė	Respiratory Function Monitoring and Management in Pediatric Patients
	Guoda Vaitukaitienė	Adult Respiratory Function Care: Is It Merely Continuity of Pediatric Management or Are There Distinct Clinical Challenges?

	Evelina Pajėdienė	Disease-Specific Sleep Treatment Strategies in different Neuromuscular Conditions
	<i>Free communications</i>	
14:00-15:00 LUNCH		
15:00-17:00 <i>Nutrition and endocrinology</i>	Dovilės Urbanavičiūtė Minelgė	Distinct Challenges and Clinical Management Strategies in Malnutrition and Overweight
	Radvilė Matukaitienė	Bone Health in NMD
	Birutė Žilaitienė	Safe Tapering and Discontinuation of Long-Term Glucocorticoid Therapy in Patients with Neuromuscular Disorders
	TBA	Multidisciplinary Management of Dysphagia in Neurological Patients
	<i>Free communications</i>	
17:00-18:00	COFFEE BREAK/ POSTER SESSION	
19:00-21:00	WELCOME RECEPTION	

SEPTEMBER 12		
Time	Speakers	Topics
09:00-11:00	Rimantas Zagorskis	Early vs. Delayed Orthopedic Management in Neuromuscular Disorders: Clinical Decision-Making and Long-Term Outcomes
	Kęstutis Petrikonis	Multilevel Pathophysiological Approaches to Pain Management in Neuromuscular Diseases
	Edita Jazepčikienė	Physiotherapeutic Assessment in Neuromuscular Disorders: A Pathology-Oriented Approach
	TBA	Principles of Rehabilitation in Neuromuscular Diseases
	<i>Free communications</i>	
11:00-11:30 COFFEE BREAK/POSTER SESSION		
11:30-13:30 <i>Pharmacological Treatment</i>	Anna Kostera	Evolution of Drug Therapy and Its Effect on Prognosis in Myasthenia Gravis
	Milda Dambrauskienė	TBA
	Evelina Grušauskienė	How Has Treatment Fundamentally Changed the Landscape of Spinal Muscular Atrophy
	Domantas Valančius	Current and Future Therapeutic Directions in Amyotrophic Lateral Sclerosis
	Liis Vali	Living with Polyneuropathy: How Treatment Modifies Disease Course, Prognosis, and Emerging Therapeutic Options
	<i>Free communications</i>	

13:30-14:30 **LUNCH**

14:30-16:30
Baltic experience

TBA

Patient voice

Liis Vali

Center Experience/Future Directions (Estonia)

TBA

Center Experience/Future Directions (Latvia)

Aušra Klimašauskienė

Center Experience/Future Directions (Vilnius)

Justinas Drūteika

Center Experience/Future Directions (Kaunas)

Free communications

16:30-17:30

COFFEE BREAK/ POSTER SESSION II