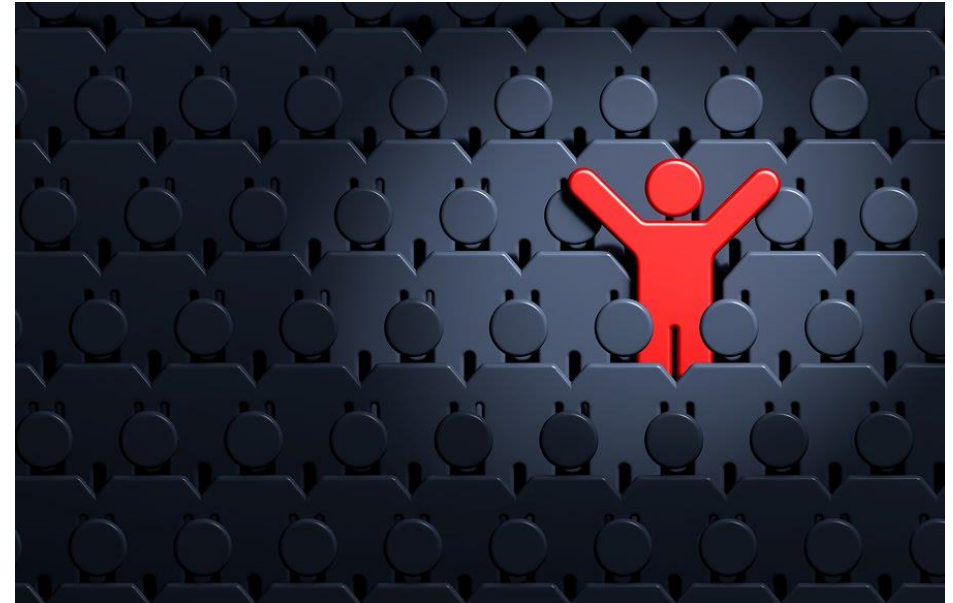


NBS of INHERITED METABOLIC DISEASES AS A SYSTEM TODAY AND IN THE FUTURE

*MAURIZIO SCARPA,
Coordinator MetabERN
Regional Coordinating Center for Rare Diseases,
University Hospital Udine, Italy*

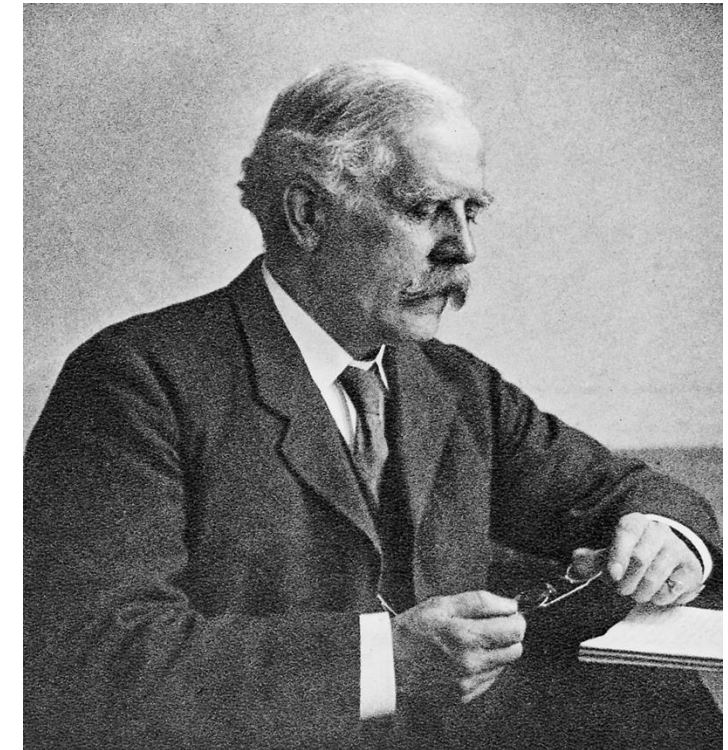
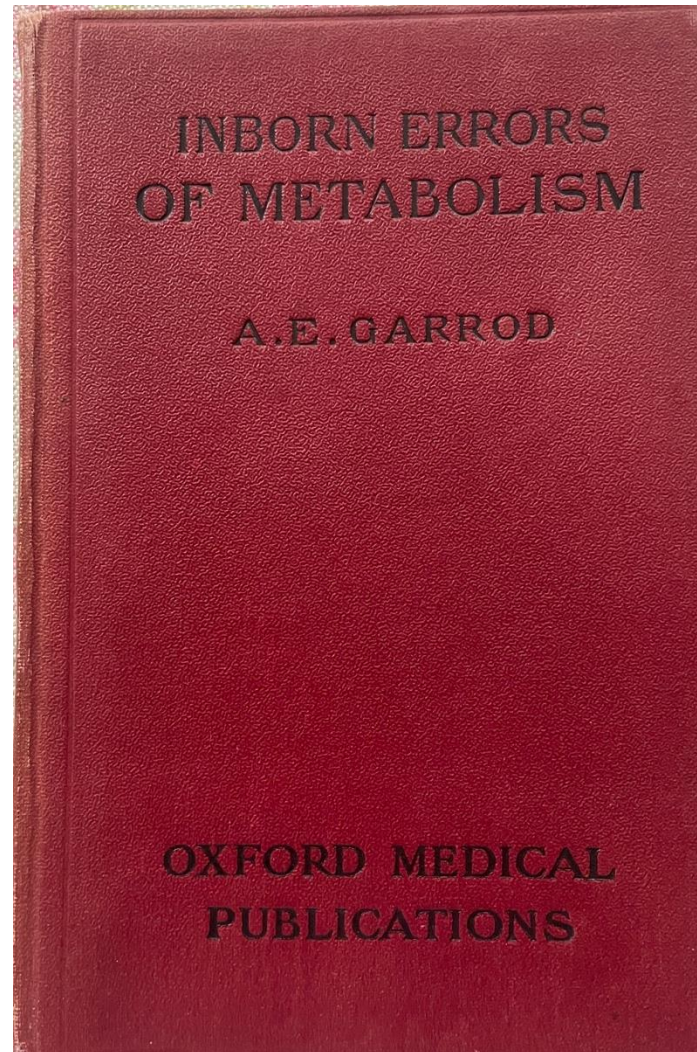
WHY NEWBORN SCREENING?

- Rare diseases are common ! – individually these disorders are rare (with fewer than 1:2,000 people affected) but with more than 9,000 rare disorders described, collectively they are common and affect more than 30 m of our people in the EU
- The best outcome can be achieved if they are recognised early in life and proper treatment begins before the child is damaged
- This is also often the most cost effective way to diagnose and treat these conditions avoiding a long and difficult journey for the family
- So how do we detect the conditions early when they are often unfamiliar, even to the well trained family doctor?
- Firstly raise awareness but more practically and if there is a good, simple and inexpensive test – test shortly after birth before the baby shows any sign of the disease



INBORN ERRORS OF METABOLISM

- Name proposed by Sir ARCHIBALD GARROD in 1908
- Observations about 4 disorders, with recurrence in families:
 - Alcaptonuria, Pentosuria, Cystinuria and Albinism
- Investigated urine chemistry as a reflection of systemic metabolism and disease
- In 1923 he wrote his best known work:
 - „INBORN ERRORS OF METABOLISM“



(1856-1937)

A. E. Garrod

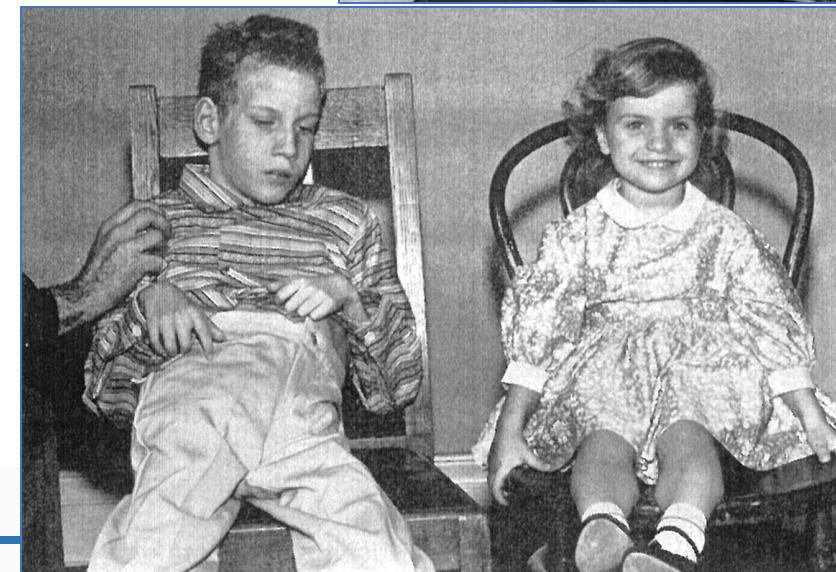
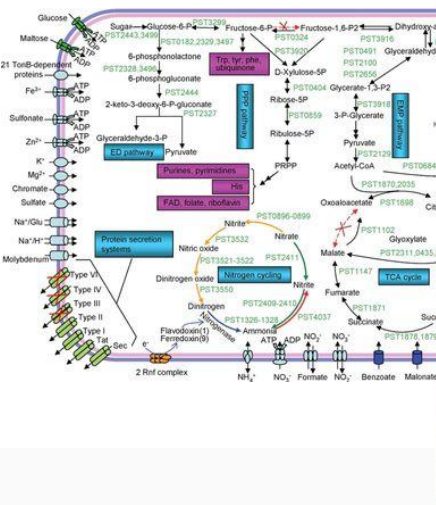
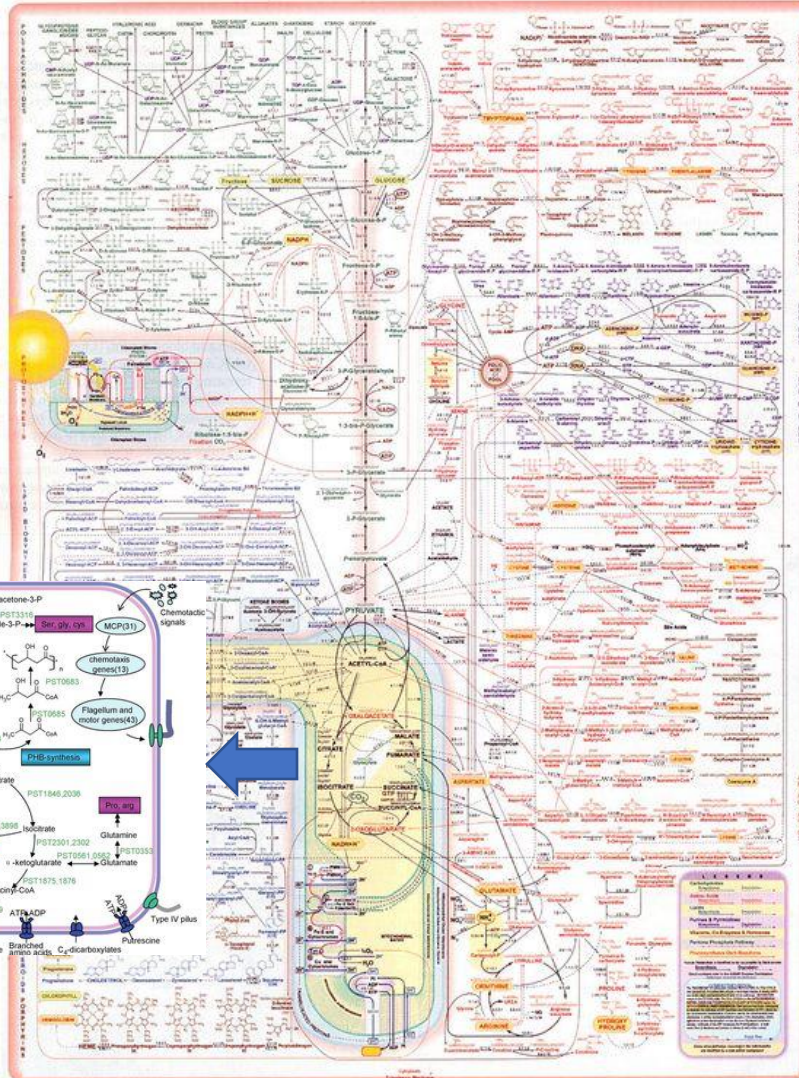
METABOLISM TODAY

>1400 diseases



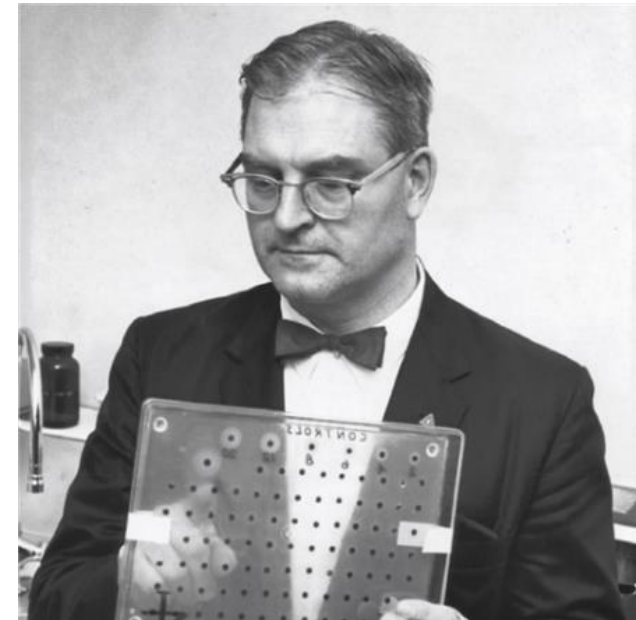
European Reference Network
for rare or low prevalence complex diseases

Network
Hereditary Metabolic Disorders (MetabERN)



WE HAVE MUCH TO CELEBRATE !

- 2023 marked 60 years since Dr Robert Guthrie described a test to detect phenylketonuria (PKU) shortly after birth
- Since then it is estimated that worldwide approximately 750 million babies have been screened and more than 60,000 children with PKU have benefited from this life changing intervention
- It did not stop with PKU, first conditions one by one and then, one generation on, MS/MS in the mid -1990's
- Today almost 70,000 babies are identified and treated each year as a result of NBS
- This led many around the world to describe newborn screening as: **'One of the major Public Health Advances of the 20th Century'**
- So where are we now in Europe?



DESPITE THIS SUCCESS WE NEED TO BE CAREFUL

- Of course as in most of medicine, there is a balance and sometimes difficult choices to make
- The patients/families believe themselves to be well and this gives us a particular burden of responsibility
- “All screening programmes do harm; some do good as well, and, of these, some do more good than harm....”
Gray, BMJ (2008) 336:480
- More screening does not mean better screening
- Screening which is well organised and delivered as a carefully monitored programme linked to structured treatment is most effective and brings most success



HISTORICAL CONTEXT

- Newborn screening began in the 1960s with the introduction of tests for phenylketonuria (PKU). Over the decades, advancements in biochemical methodologies, such as tandem mass spectrometry (MS/MS), have allowed for the expansion of screening panels to include numerous IMDs. Currently, NBS programs vary significantly across countries, with some employing extensive biochemical testing while others have begun integrating genetic testing.

TRADITIONAL SCREENING METHODS

- **Biochemical Assays:** These methods measure specific metabolites in dried blood spots to identify metabolic disorders.
- **Tandem Mass Spectrometry:** A widely adopted technology that allows simultaneous analysis of multiple metabolites, improving efficiency and reducing costs.
- **Genetic Analysis:** a relatively new technology applied to mass testing allowing simultaneous analysis of genes up to WGS, improving efficiency but still with elevated costs

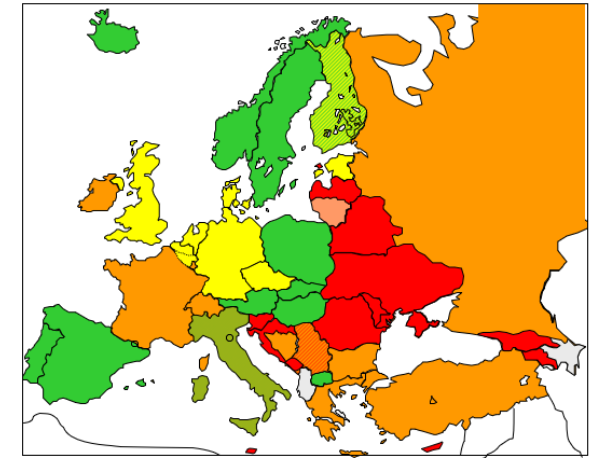


WHERE ARE WE IN EUROPE?



- The conditions that we have chosen to screen
 - *Neonatal Screening in Europe Revisited: An ISNS Perspective on the Current State and Developments Since 2010* J. Gerard Loeber et al (Int. J. Neonatal Screen. 2021, 7, 15. <https://doi.org/10.3390/ijns7010015>)
 - Still shows considerable variation in practice both in the way that newborn screening is conducted and the number of conditions screened.
 - *Number of conditions* 2 - 48 conditions screened in different countries in Europe

Number of conditions per country (2018)

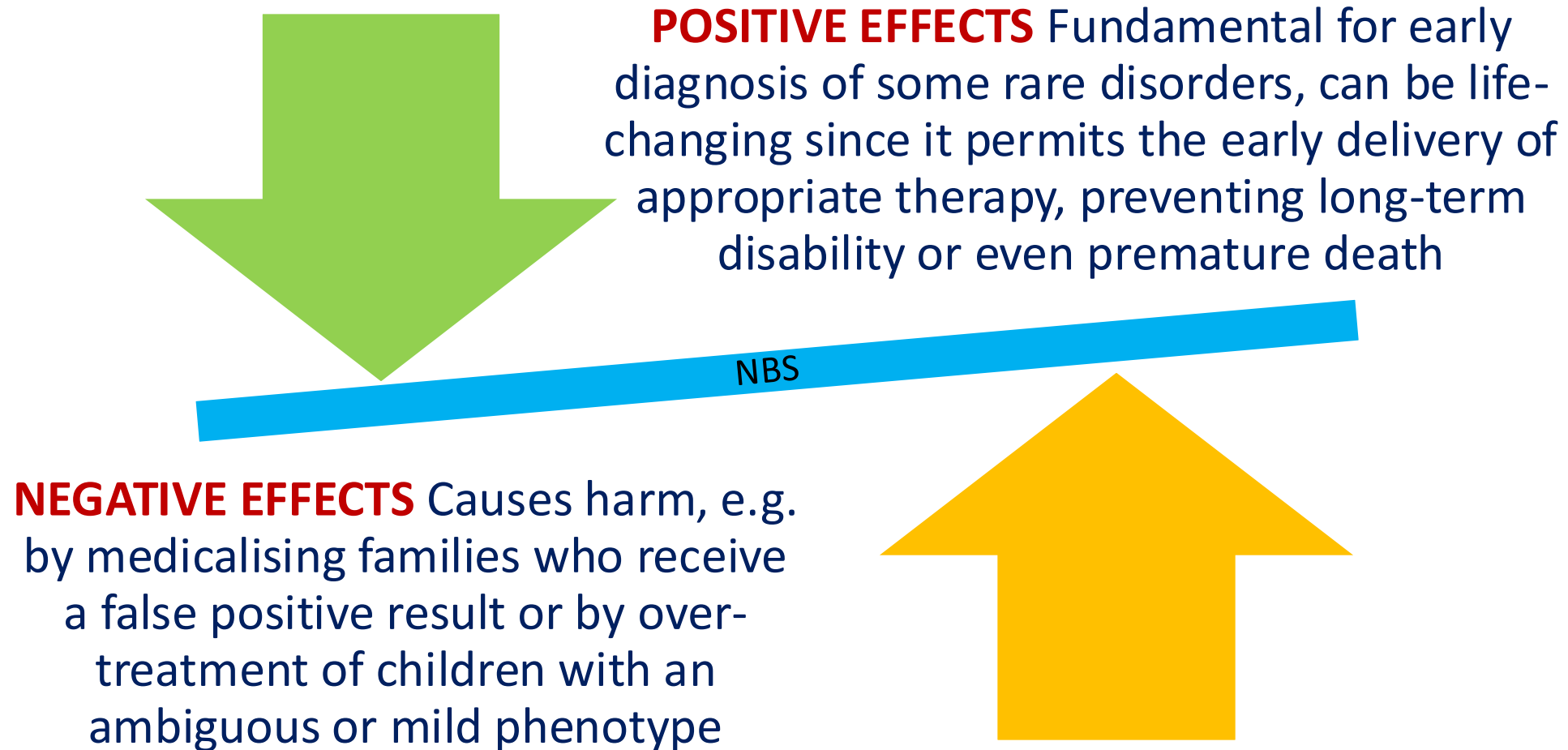


- The way in which we conduct screening

| | |
|--|----------------------------|
| • Day of sampling | 24h – 120h |
| • Sampling to analysis | 1-2d, to 30d |
| • Screening is optional or compulsory | 30 optional, 17 compulsory |
| • Informed of the outcome of screening | 30 No, 10 Yes |
| • Consent to storage | 34 – No, 10 - Yes |

**Difference
Difference
Difference**

NEWBORN SCREENING AS A FULLY INTEGRATED SYSTEM TO STIMULATE EQUITY IN NEONATAL SCREENING IN EUROPE



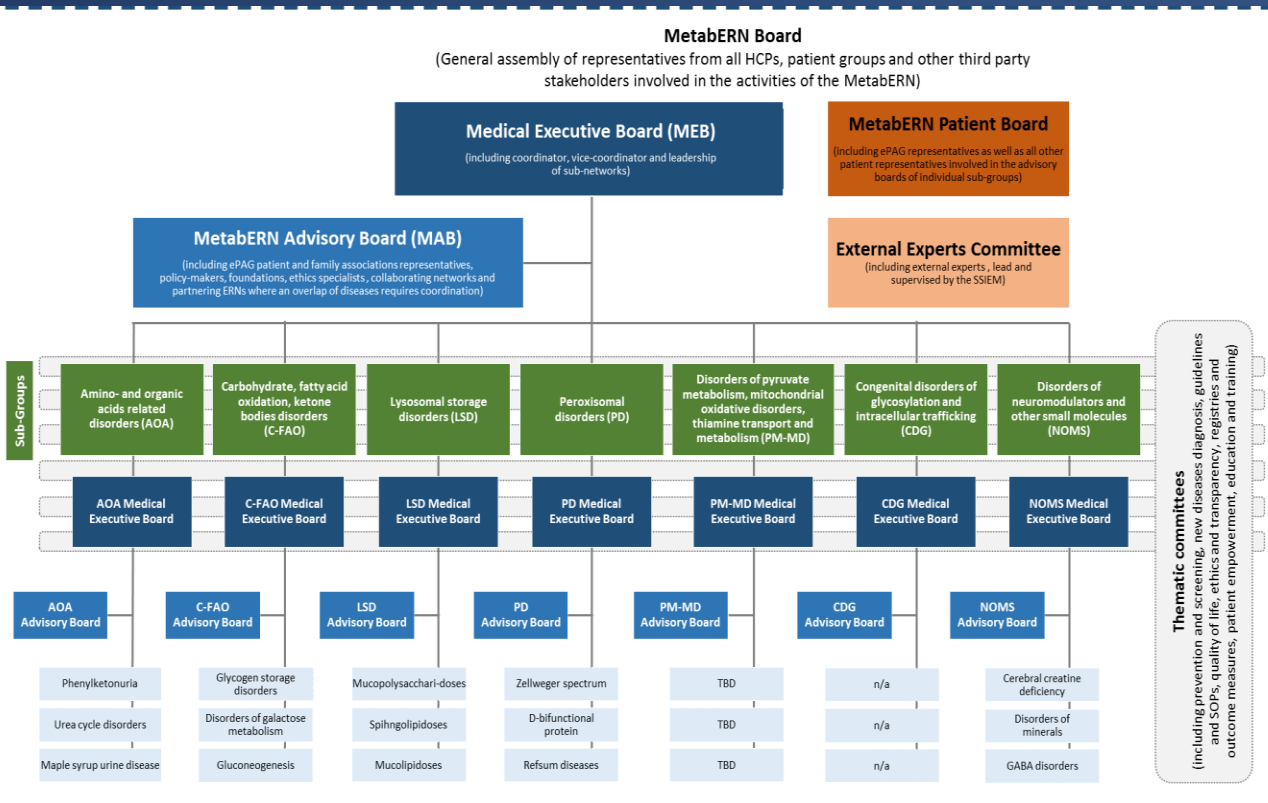
MetabERN

78 HCPs from 23 countries



94 HCPs from 27 countries with the inclusion of the new full Members in January 2022)

44 Patient Organizations



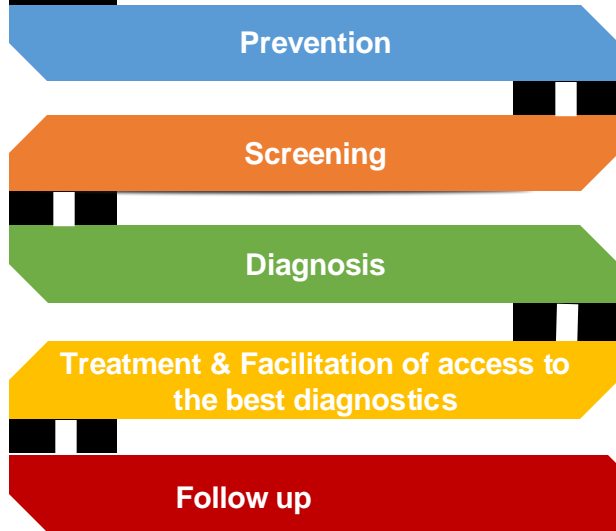


MetabERN: How we share, how we care

- Enhance speedy **diagnosis** by promotion of diagnostic expert consultation (CPMS) and training sessions
- Improve access to the best diagnostics (biochemical/genetic) and to **genome-wide genetic investigations** through active collaboration with Orphanet and ERNDIM

- Participate in and provide input and insights from patients and HCPs in **Education of patients**
- **Instruct general practitioners** on how to follow patients
- Promote the MetabERN Education website (<https://metab.ern-net.eu/>) dedicated to **capacity-building, education & training.**

- Continue collaboration with **other ERNs** through the ERN-Coordinators Platform (on a strategic level) and through on-going consultations with overlapping networks (at a practical level)



- Increase **awareness** amongst general public and Health care professionals, health authorities and relevant stakeholders on inherited metabolic disease (IMDs)
- Dissemination of new and revision of existing health information, **scientific publications**

- Facilitate and harmonise the **newborn screening** in EU
- Use of the Unified-IMD registry to study the **natural history** of asymptomatic and symptomatic state of diseases

- Revise/develop of **Care pathways & Guidelines**
- Facilitate **Clinical Trials/Research** (defining research priorities and disseminating research-related information)
- **Create big databases with patients data**
- Improve the Regulatory process for medicines
- Participate in the production of White papers and Recommendations

- Assess the effectiveness and efficiency of clinical processes
- Develop a common programme on **Transition from childhood to adulthood**



- Share the **'Quality of Life'** surveys and outcomes measurement
- Facilitate the provision of social care services

- Recent achievements to start the journey:**
- A dedicated group on **patient empowerment** has been established
 - The **Patient Board governance structure** is up and running including the Patient Executive Committee (PEC). The PEC is the voice of all patient representatives involved in the subnetworks and Work Packages in order to improve their involvement and enable their feedback to be heard by HCPs.
 - Patients have been involved in addressing their **specific needs, preferences and priorities** (Survey, feedback systems, etc.)

Go **FAIR**:



as a model for collaborative research

F – findable
A – accessible
I – interoperable
R – reusable

Module 1
Common data elements

Module 2
Clinical & cognitive phenotype

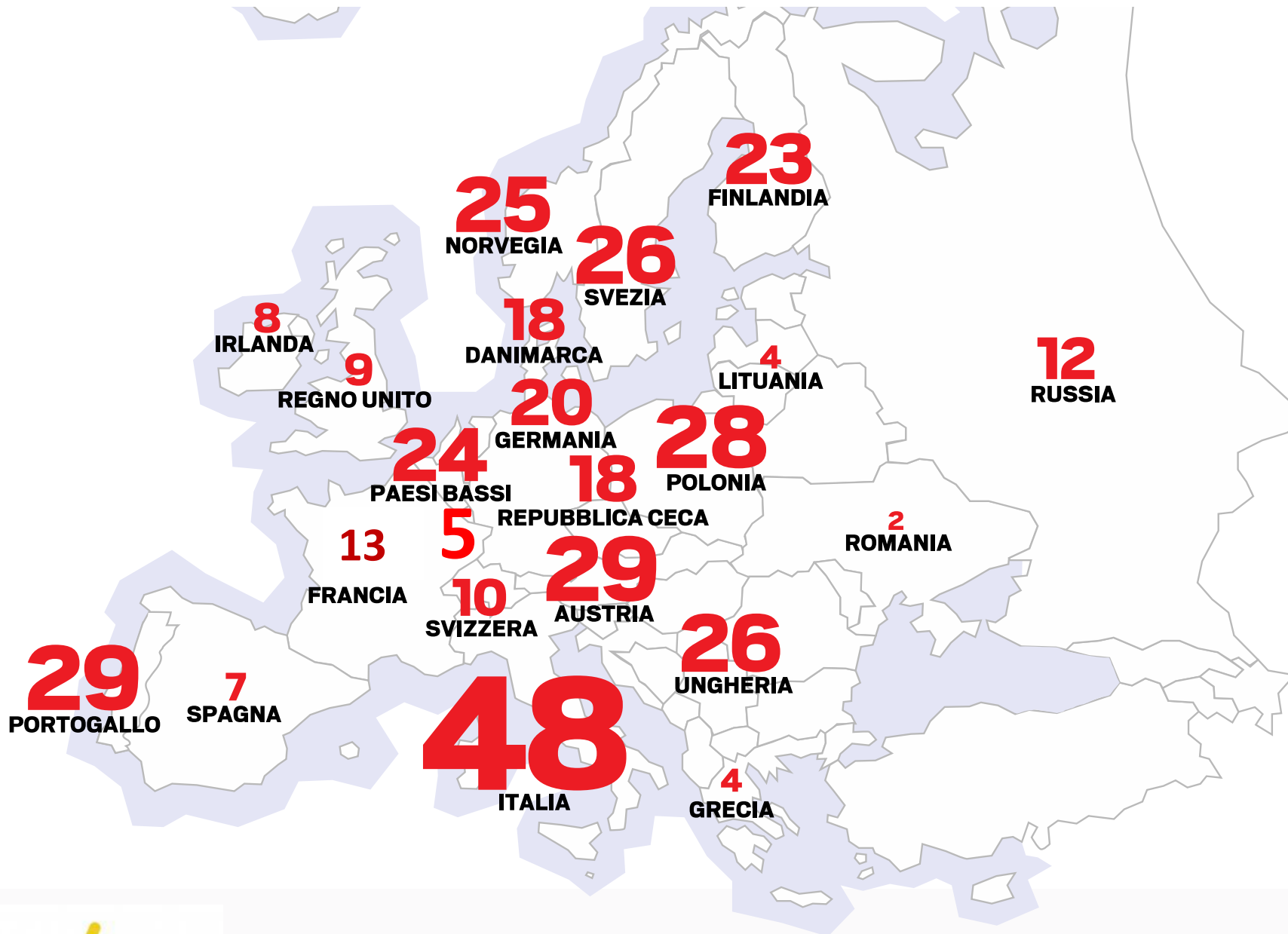
Module 3
Patient perspective

Module 4
Treatment

Module 5
Biochemical markers

Module X
Newborn screening

- Common Data Elements (JRC)
- IEMbase nosology
- Orphanet and OMIM
- Human Phenotype Ontology (HPO)
- Standard IQ tests
- PedsQL
- WHOQOL
- WHO ATC classification system
- IEMbase: selection of biomarkers
- Human Metabolome Database (HMDB)
- Parameters for diagnostic process quality, cost-benefit and cost-effectiveness of NBS programs



The NBS of IMDs in Europe, an example to discuss



NBS collaborative meeting MetabERN & ISNS

Agenda:

11-12: Introduction

11:00-11.10: Maurizio Scarpa/Trine Tangeraas MetabERN:
Welcome and introduction (& points of discussion)

11.15-11.30: Gerard Loeber ISNS:

Screening practices in Europe 2018 –what has changed since 2009 and the 2010-2011 EHAC project

11.30-11.40: Jim Bonham ISNS

The points of agreement and potential barriers to achieving a European Screening Panel

11.45-12.00: Stefan Koelker MetabERN

U-IMD and its future role in NBS outcome studies

12:00-13:00: Discussion





EU2022.CZ

Czech Presidency of the Council of the European Union



July 23, 2022 Brno Technical meeting under CZ EU Presidency- Early diagnosis of patients with rare disorders in the EU: crucial role of the newborn screening

PROGRAMME JULY 23, 2022

| Time | Programme | Speaker |
|---------------|--|--|
| 13:15 - 13:30 | WELCOME | |
| | <p>Prof. Vlastimil Válek, MD, PhD., MBA, EBIR (TBC) Minister of Health of the Czech Republic</p> <p>Jakub Dvořáček MSc., LL.M Deputy Minister of Health of the Czech Republic</p> <p>Lumír Kantor, M.D (video presentation) Senate of the Parliament of the Czech Republic</p> <p>Prof. Milan Macek Jr., MD., DSc. National Coordination Center for Rare Disease</p> <p>Prof. Viktor Kožich, M.D, CSc. Coordination Center for Neonatal Screening</p> <p>Ondřej Májek, RNDr. PhD National Screening Centre, Institute of Health Information and Statistics of the Czech Republic</p> | |
| 13:30 - 15:30 | SESSION I. - NEWBORN SCREENING (NBS): A GATEWAY TO EARLY DIAGNOSIS (CHAIRS: Dr. Gulcin Gulmus and Prof. Viktor Kožich) | |
| 13:30-13:50 | Overview of European NBS activities-synergies and overlaps | Prof. Jim Bonham, United Kingdom |
| 13:50-14:05 | Role of European Reference Networks for rare diseases in NBS | Prof. Maurizio Scarpa, Italy |
| 14:05-14:20 | Developing a blueprint of NBS in Europe: overview of workstreams | Dr. Peter Schieler The Netherlands |
| 14:20-14:35 | Key indicators for planning, monitoring and evaluation of newborn screening: international context and future perspectives for cooperation | Dr. Ondřej Májek, Czech Republic |



European Reference Network
for rare or low prevalence complex diseases

Network
Hereditary Metabolic Disorders (MetabERN)

| | | |
|---------------|---|--|
| 14:35-14:50 | The tower of Babel: why do we need case definitions? | Dr. Rolf Zetterstrom, Sweden |
| 14:50-15:05 | The key role of registries in assessing clinical outcome | Prof. Stefan Koelker, Germany |
| 15:05-15:20 | Experience with expanding NBS in Czechia | Ms. Anna Arellanesová, Czech Association for Rare Diseases, Czech Republic |
| 15:20 - 15:45 | Coffee break | |
| 15:45 - 16:30 | SESSION II. - CURRENT EXPERIENCE AND FUTURE DEVELOPMENTS IN NBS (CHAIRS: Ms. Anna Arellanesová and Prof. Maurizio Scarpa) | |
| 15:45-16:05 | Newborn screening: the perspective of people with RD and future potential | Dr. Antoni Montserrat, EURORDIS |
| 16:05-16:20 | The use of a patient management system to improve long-term outcome | Dr. Rolf Zetterstrom, Sweden |
| 16:20-16:35 | Screen4care EU IMI project | Prof. Alessandra Ferlini, Italy |
| 16:35-17:10 | <u>Panel discussion</u> (CHAIRS: Dr. Antoni Montserrat and Dr. Peter Schieler) | |
| | Ms. Martine Pergent IPOPI President/Screen4rare, France | |
| | Mr. Stelios Kypouropoulos MEP (TBC) | |
| | Dr. Jose Valverde European Commission, DG SANTE Unit B3 (TBC) | |

screen  rare



European
Reference
Network

MetabERN

European Reference Network
for Hereditary Metabolic Disorders



ISNS

International Society for Neonatal Screening



IPOPI

INTERNATIONAL
PATIENT ORGANISATION
FOR PRIMARY IMMUNODEFICIENCIES



European
Reference
Networks



METABERN POSITION ON NBS

1 The NBS program should be regarded and implemented as an **integrated system**, not as a single, isolated test

2 The NBS system should **include the following key aspects**:

Technical

Ethical

Logistical

Educational

Evaluation/quality improvement

3 The NBS system requires a **coordinated management**:

Before birth

After birth

- Testing and reporting
- Problem of false positives
- Follow-up and treatment of the affected child
- Family assistance & psychological support
- Long term follow-up and transition
- Maintaining records and using information exchange systems
- Integrating NBS modules in registries
- Overall integration of screening



Review

Towards Achieving Equity and Innovation in Newborn Screening across Europe

Jaka Sikonja ^{1,2,*}, Urh Groselj ^{1,2,*}, Maurizio Scarpa ³, Giancarlo la Marca ^{4,5}, David Cheillan ⁶, Stefan Kölker ⁷, Rolf H. Zetterström ^{8,9}, Viktor Kožich ^{10,11}, Yann Le Cam ¹², Gulcin Gumus ¹², Valentina Bottarelli ¹², Mirjam van der Burg ¹³, Eugenie Dekkers ¹⁴, Tadej Battelino ^{1,2}, Johan Prevot ¹⁵, Peter C. J. I. Schielen ¹⁶ and James R. Bonham ^{16,17,*}

Comment

The Lancet Regional Health - Europe 2022;13:

Newborn screening as a fully integrated system to stimulate equity in neonatal screening in Europe

Maurizio Scarpa,^{a,*} James R. Bonham,^b Carlo Dionisi-Vici,^c Johan Prevot,^d Martine Pergent,^d Isabelle Meyts,^e Nizar Mahlaoui,^f and Peter C.J.I. Schielen^g

1. Selection of (new) conditions in NBS panels should be based on published criteria, the procedures should be standardised, open to public scrutiny and the result of deliberations should be published.

2. Information (preferably communicated during pregnancy) describing the diseases to be tested and the implications of a positive result should be available to parents to permit an informed choice concerning participation.

3. Clear case definitions of the screened disorders should be determined when screening is being planned.

4. Screening should be undertaken in laboratories whose accreditation demonstrates compliance with international standards for laboratory performance (e.g., ISO15189).

5. Laboratories and programmes should be able to produce data on key performance indicators relating to the entire NBS process, including blood sampling, transport conditions, blood spot quality, time to generate a laboratory result and refer screen positive cases.

6. Information should be available to parents at the time of clinical referral, the first contact should be with an experienced physician able to offer support, and, when appropriate, genetic counselling should be provided.

7. Confirmatory testing should be established and consistently applied with a short and defined turn-around time to allay parental anxiety and stress.

8. Plans to assess long term outcome data should be in place and reported.

9. Screen negative results should be reported to all parents and form part of the child health record.

10. Policies to store and access residual blood-spot samples should be defined and practice monitored. NBS programs should be coordinated, and performance managed on a national basis to encourage continuous improvement.

Moving towards NBS as a system: setting up the Roadmap

- Sharing of best practices by putting them in a repository in cooperation with Screen4Rare
- Using one or two existing models as examples of good practice for MS to learn from
- Identifying possible governance structures for NBS
- Lessons learnt from European research study on NBS

Secure European Funding

Involve national policymakers

Mapping of common diseases across Europe

Share best practices

Define clear case definitions & unified terminology

Develop a European model for confirmatory diagnostic testing

- Mapping of and involving policymakers on the right level (national/federal, regional, medical associations)
- Find out what questions they have on NBS

- Identify common diseases in NBS-programmes across Europe

- Confirmatory testing as a prerequisite for case definitions
- Encourage editors to scrutinize terminology in publications is one option.
- Accreditation of NBS labs through ISNS → all labs report the same data
- Identifying relevant HPO terms and choose from predefined list of the clinical presentations for follow-up and case definition.

- Case definitions linked to national confirmatory tests → European model for confirmatory diagnostic testing → classify what was found → translate into treatment modality.

- Enter screen positives in a database and export these to clinical units using the registries
- Make sure existing registries are interoperable with the U-IMD NBS-module

- Develop publication scheme incorporating the information from previous steps on Roadmap

Secure European Funding

Design and implement an NBS-module in the U-IMD

Carry out long-term outcome studies

Publish in peer-reviewed journals & learn from studies

Set up a standing committee with topical subgroups

ALL WITH ONE GOAL IN MIND: OUR PATIENTS!

- Register all positive cases
- Look back at existing data
- In a multi-centred way to avoid discrepancies

- Decide on participants (policymakers, representatives of national health institute)
- Joint Research Centre can play a role
- Establish subcommittees on clear case definitions, unified terminology, use of registries, patient perspectives, legal and ethical issues (GDPR, interoperability registries, etc.)

STRATEGIC APPROACH TO DESIGNING NEWBORN SCREENING SYSTEMS: COMPREHENSIVE ASSESSMENT FRAMEWORK

- **Condition Evaluation:** Utilize a point-based algorithm to prioritize which IMDs should be included based on criteria such as condition severity, treatment availability, and public health impact.
- **Screening Methodologies:** Integrate both biochemical and genomic approaches to enhance detection capabilities. This dual approach can address the limitations of traditional screening methods while expanding the range of detectable conditions.
- **Treatment Options:** Ensure that identified conditions have effective treatment pathways available. This is crucial for justifying their inclusion in screening programs.

IMPLEMENTATION OF NEXT-GENERATION SEQUENCING (NGS)

- Next-generation sequencing offers transformative potential for NBS by enabling:
Broader Screening Panels
- NGS allows for the simultaneous analysis of numerous genes associated with IMDs, significantly expanding the scope of screening.
- Cost-Effectiveness: As sequencing costs continue to decline, NGS becomes increasingly feasible for widespread implementation in NBS programs.
- Rapid Turnaround: Genomic analysis can provide results faster than traditional methods, facilitating timely interventions.

CHALLENGES AND CONSIDERATIONS



- While integrating genomic technologies into NBS presents numerous advantages, several challenges must be addressed:
 - **Ethical Concerns:** Issues surrounding informed consent, data privacy, and potential psychological impacts on families must be carefully managed.
 - **Interpretation of Results:** The complexity of genomic data interpretation necessitates specialized training for healthcare providers to ensure accurate diagnosis and counseling.
 - **Infrastructure Requirements:** Implementing NGS requires significant investment in laboratory infrastructure and bioinformatics capabilities.

FUTURE DIRECTIONS IN NBS: THE PERSONALIZED MEDICINE APPROACHES

The future of NBS lies in personalized medicine, where screening results could inform tailored treatment plans based on an infant's genetic profile. This shift would require:

- Integration with Health Information Systems**

- Integration of AI systems**

- A robust health information exchange system** is essential for tracking outcomes and coordinating care among various healthcare providers.

- Longitudinal Follow-Up:** Establishing systems for long-term follow-up of screened infants to monitor health outcomes and treatment efficacy is critical.



— GLOBAL COLLABORATION AND STANDARDIZATION

- To enhance the effectiveness of NBS globally:
 - International Guidelines:** Development of standardized protocols for implementing genomic screening can help reduce disparities between countries.
 - Collaboration Across Disciplines:** Engaging stakeholders from public health, genetics, pediatrics, and ethics will foster a more comprehensive approach to NBS design.

Moving towards NBS as a system: the next steps

MONITORING, EVALUATION UPDATING OF NBS SYSTEM

- Defining guidelines & framework for the monitoring, evaluation and updating the NBS system
- observatory of new treatments and drugs that require NBS to ensure real access to newly authorized treatments/drugs

SETTING UP NBS EXPERT ADVISORY COMMITTEE (NBS-EAC)

Decide on participants (policymakers, representatives of national health institute)
Joint Research Centre can play a role
Establish subcommittees on clear case definitions, unified terminology, use of registries, patient perspectives, legal and ethical issues (GDPR, interoperability registries, etc.)

DEVELOPING A NBS MODULE IN U-IMD

Enter screen positives in the U-IMD registry or an existing registry interoperable with U-IMD and containing the U-IMD NBS module

DEFINING CLEAR CASE DEFINITIONS & UNIFIED TERMINOLOGY

- Develop a European model for confirmatory testing
- Encourage editors to scrutinize terminology in publications is one option.
- Accreditation of NBS labs through ISNS (all labs reporting the same data)
- Identifying relevant HPO terms and choose from predefined list of the clinical presentations for follow-up and case definition.

INVOLVING PATIENT ORGANIZATION AND NATIONAL POLICY MAKERS

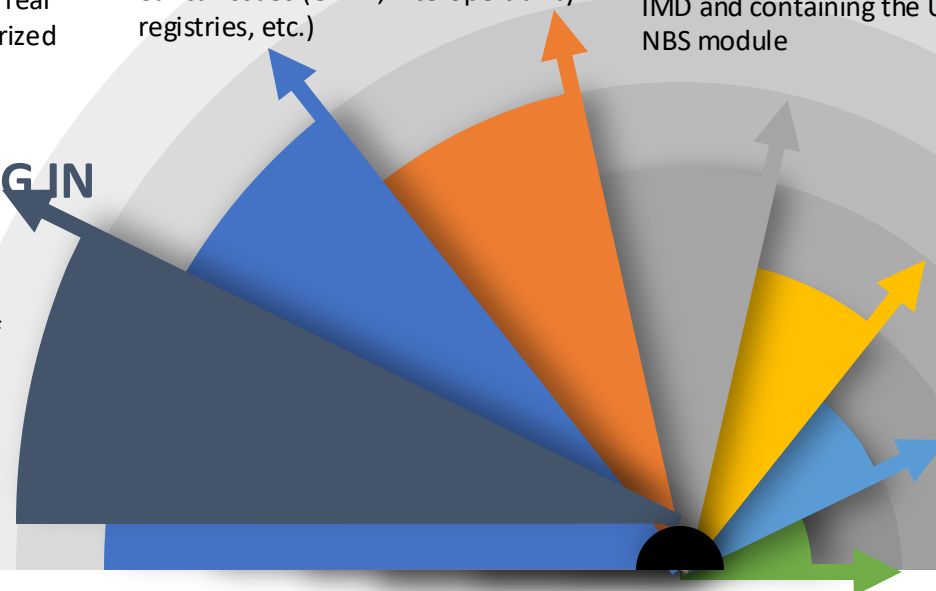
Mapping of and involving policymakers on the right level (national/federal, regional, medical associations) and their main barriers/questions on NBS

CREATING AN INVENTORY OF GOOD PRACTICE

- Sharing of best practices in repository Screen4Rare
- Using existing models as examples of good practice for MS to learn from
- Confirmatory testing

PUBLISHING IN JOURNALS

- Publish the results of the outcomes of the projects in medical journals
- Creating unified terminology by approaching journals about this topic



STAKEHOLDERS TO BE INVOLVED IN NBS SYSTEM

1. Government Agencies
2. Healthcare Providers
3. Public Health Organizations
4. Laboratories
5. Professional Associations

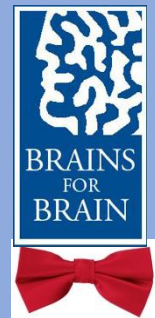


6. Parents and Caregivers
7. Patients and Advocacy Groups
8. Insurance Providers
9. Education Institutions
10. Technology Developers

11. Quality Assurance Organizations
12. Community Organizations
13. Ethics Committees and Bioethicists
14. Media and Communications Firms
15. Research and Development Entities
16. Legislative Bodies

CONCLUSION

- Designing an effective newborn screening system for inherited metabolic diseases today and in the future requires a strategic integration of traditional biochemical methods with advanced genomic technologies.
- By addressing current challenges and leveraging innovative approaches like next-generation sequencing, we can enhance early detection capabilities, impact on the proper management of the patients, improve treatment outcomes, and ultimately safeguard the health of newborns worldwide.
- ERNs are instrumental to coordinate and create networks of all the stakeholders needed to optimize NBS as a system.



IMPSN
International MPS Network
Mucopolysaccharide and Related Diseases



*20 YEARS BACK FOR THE NEXT 20
INNOVATION, PROGRESS FUTURE*