

Program

Workshop for the multidisciplinary management and care specialty group 4th and 5th of May 2023

Network Neuromuscular Diseases (ERN EURO-NMD)

Day 1, 4th of May

- 08.45 09.00 Digital connection too Zoom
- 09.00 09.15 Welcome and presentation
- 09.15 09.30 European Reference Network from a Norwegian perspective By Stein Are Aksnes
- 09.30 09.45 Multidisciplinary management and care form a patient perspective By Patricia Melsom
- 09.45 10.00 Models for multidisciplinary management and care in neuromuscular disorders By Dr. Kristin Ørstavik
- 10.15 10.45 **The multidisciplinary approach status in European Countries** By Eva Vrščaj
- 10.45 12.00 Discussion on definition, needs and priorities of multidisciplinary management and care for persons with neuromuscular disorders
- 12.00 13.00 Lunch
- 13.00 13.45 **Palliative care in adults with neuromuscular disorders** By Prof. Marianne de Visser
- 14.00 14.30 **Pediatric palliative care and neuromuscular disorders** By Dr. Ellen Annexstad
- 14.30 14.45 The carer support needs assessment intervention paediatric – a tool for care planning By Marianne Nordstrøm
- 15.00 16.00 Discussion on needs in palliative care for neuromuscular disorders
- 19.30 Dinner







Day 2, 5th of May

- 08.45 09.00 Digital connection too Zoom
- 09.00 09.05 Welcome
- 09.05 09.50 **Rehabilitation interventions for neuromuscular disorders** By Dr. Nicole B.M. Voet
- 10.00 10.45 The use of different biomarkers as clinical and research outcome measures (MRI, US, gait mats and other technological measures) By Gro Solbakken, Cecilie Hæstad, Hanne Ludt Fossmo, and Andreas Rosenberger
- 11.00 11.45 Discussion on how to gather insight and harmonize the use of standardized measures within ERN Euro-NMD
- 11.45 12.30 Lunch
- 12.30 13.15 Pain and fatigue in neuromuscular disorders By Dr. Nicole B.M Voet
- 13.15 13.45 Discussion on experiences with the use of measures on pain and fatigue
- 13.45 14.00 Where do we go from here? Action plan!





